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| **Level of autonomy** | **Participant opinions** |
| **Autonomous** | *"I would say I have had control over my decisions for quite a while." (P7)**"I can still go places that I like to go. I'm very happy with this." (P2)* |
| **Non-autonomous** | *"You have to sign a book at the desk... every time you go out. I don’t want to do that." (P4)**"Decisions in my life are coming to an end. I eat three meals a day. And I am allowed to read until 1 o’clock in the morning if I want to." (P3)* |

Table 7: Participants’ pre-program opinions on their level of autonomy.