In response to a call of submissions issued by the University of British Columbia, through its *UBC Medical Journal* (the “Journal”), the Authors hereby submit the Work for consideration for publication in the Journal, on the following terms:

1.0 License of Work to the Journal

1.1 The Author grants to the Journal a non-exclusive license to publish, print, distribute and sell the Work throughout the world in all languages and in all forms, editions and formats. This license extends to publication of the Work in all media or formats now or hereafter known, including, print, internet, microform, electronic, e-book, e-mail, website, database or any type of public display.

1.2 The Author hereby also expressly waives all moral rights which the Author may now in the future have, with respect to the Work.

2.0 Agreement to Publish

2.1 The Author acknowledges that the Journal may publish the Work at the Journal's expense at the time, and in the form and manner, which the Journal in its sole discretion may determine.

2.2 Should the Journal not publish the Work within eighteen (18) months of the Work's submission, this Agreement will automatically terminate.

2.3 The Author acknowledges that the Journal will be published under a Creative Commons Attribution 2.5 Canada License (or the current equivalent).

2.4 Before and after publication the Journal may edit, reformat and translate the Work for publication, and may digest, abridge, adapt, index, add to, delete from, alter and/or otherwise combine the Work with other content in any manner and in any media whatsoever. For greater certainty, this includes using any part of the Work (including images) to publicize the Journal.

2.5 The Author acknowledges that unless otherwise expressly agreed in writing between the Journal and the Author, the Journal will not pay any fees, royalties or any other amount to the Author in connection with the Work, its publication or this Agreement.

3.0 Author's Warranties and Indemnity

3.1 The Author warrants that:

(a) the Work is original to the Author and has not previously been licensed to a publisher or otherwise published in any form except, if applicable, publication as a thesis or dissertation in an institutional repository;

(b) the Work does not infringe the copyright or other proprietary right of any other person or violate any confidentiality agreement or other obligation with any other party;

(c) the Work contains no libellous, defamatory or unlawful content;

(d) the Work does not invade the privacy or other personal rights of anyone and where the Work contains any information which could potentially be used to identify a person, including images or written information, the Author has obtained written consent from such individuals for its publication in the Work in the form provided by the Journal;

(e) all statements in the Work purporting to be facts are true; and

(f) where the Work contains any material(s) (including text, images or other media) or other contribution(s) which belong to others, the Author has obtained permission in writing from the owner(s) for its publication in the Work.

3.2 The Author agrees to indemnify, defend and save harmless the Journal against any cost (including the Journal's actual legal costs), damages or losses incurred by the Journal as the result of any breach of this Agreement by the Author, or any claim against the Journal arising from a breach of any of the Authors' warranties.

4.0 Infringement

4.1 The Journal shall not be required to start any action to stop any alleged infringement or unlicensed use of the Work. If the Journal chooses to start an action, then the Author has the option of joining in such action, in which case the Author and the Journal will equally share the expense of the action and any sums recovered. If the Journal does not start an action, then the Author may, after obtaining the Journal's written consent, proceed on their own, provided that the Author shall bear all expenses and indemnify the Journal for any costs.

5.0 General

5.1 This Agreement is governed by the laws of British Columbia. This Agreement constitutes the entire agreement of the Journal and the Author regarding the Work. This Agreement may be executed by the Author and delivered by facsimile or electronic transmission, which shall constitute satisfactory execution and delivery. This Agreement is binding on the Journal, the Author, and the Author's heirs, administrators and personal representatives.

---

**UBC MEDICAL JOURNAL – ARTICLE SUBMISSION FORM**

| Author's Name (the “Author”): | Clark Fruhstorfer |
| Author's Address: | 308-3636 Pinewood Ave, Prince George, B.C, V2N 4J4 |
| Description or Title of Work (the “Work”): | The SCOPE and LIVE 5-2-1-0 Message - Implementation and Impact of a Community-Based Participatory Project on Childhood Obesity. |

---

In response to a call of submissions issued by the University of British Columbia, through its UBC Medical Journal (the “Journal”), the Authors hereby submit the Work for consideration for publication in the Journal, on the following terms:

1.0 License of Work to the Journal

1.1 The Author grants to the Journal a non-exclusive license to publish, print, distribute and sell the Work throughout the world in all languages and in all forms, editions and formats. This license extends to publication of the Work in all media or formats now or hereafter known, including, print, internet, microform, electronic, e-book, e-mail, website, database or any type of public display.

1.2 The Author hereby also expressly waives all moral rights which the Author may now or in the future have, with respect to the Work.

2.0 Agreement to Publish

2.1 The Author acknowledges that the Journal may publish the Work at the Journal's expense at the time, and in the form and manner, which the Journal in its sole discretion may determine.

2.2 Should the Journal not publish the Work within eighteen (18) months of the Work's submission, this Agreement will automatically terminate.

2.3 The Author acknowledges that the Journal will be published under a Creative Commons Attribution 2.5 Canada License (or the current equivalent).

2.4 Before and after publication the Journal may edit, reformat and translate the Work for publication, and may digest, abridge, adapt, index, add to, delete from, alter and/or otherwise combine the Work with other content in any manner and in any media whatsoever. For greater certainty, this includes using any part of the Work (including images) to publicize the Journal.

2.5 The Author acknowledges that unless otherwise expressly agreed in writing between the Journal and the Author, the Journal will not pay any fees, royalties or any other amount to the Author in connection with the Work, its publication or this Agreement.

3.0 Author's Warranties and Indemnity

3.1 The Author warrants that:

(a) the Work is original to the Author and has not previously been licensed to a publisher or otherwise published in any form except, if applicable, publication as a thesis or dissertation in an institutional repository;

(b) the Work does not infringe the copyright or other proprietary right of any other person or violate any confidentiality agreement or other obligation with any other party;

(c) the Work contains no libellous, defamatory or unlawful content;

(d) the Work does not invade the privacy or other personal rights of anyone and where the Work contains any information which could potentially be used to identify a person, including images or written information, the Author has obtained written consent from such individuals for its publication in the Work in the form provided by the Journal;

(e) all statements in the Work purporting to be facts are true; and

(f) where the Work contains any material(s) (including text, images or other media) or other contribution(s) which belong to others, the Author has obtained permission in writing from the owner(s) for its publication in the Work.

3.2 The Author agrees to indemnify, defend and save harmless the Journal against any cost (including the Journal's actual legal costs), damages or losses incurred by the Journal as the result of any breach of this Agreement by the Author, or any claim against the Journal arising from a breach of any of the Authors' warranties.

4.0 Infringement

4.1 The Journal shall not be required to start any action to stop any alleged infringement or unlicensed use of the Work. If the Journal chooses to start an action, then the Author has the option of joining in such action, in which case the Author and the Journal will equally share the expense of the action and any sums recovered. If the Journal does not start an action, then the Author may, after obtaining the Journal's written consent, proceed on their own, provided that the Author shall bear all expenses and indemnify the Journal for any costs.

5.0 General

5.1 This Agreement is governed by the laws of British Columbia. This Agreement constitutes the entire agreement of the Journal and the Author regarding the Work. This Agreement may be executed by the Author and delivered by facsimile or electronic transmission, which shall constitute satisfactory execution and delivery. This Agreement is binding on the Journal, the Author, and the Author's heirs, administrators and personal representatives.

---

**I HAVE READ AND UNDERSTAND THIS AGREEMENT AND AGREE TO BE BOUND BY ITS TERMS**

Signature of Author: ____________________________ Date Signed: Oct 14, 2017