

PRACTICE EXEMPLAR

Intergenerational Dance in Long-Term Residential Care: Social Citizenship in Dementia Care

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https://bcstudies.com/podcasts_new_media/dance/



SEVEN GIRLS FROM A MISSION, BC, elementary school were introduced to a group of elders at a local care facility. Every Tuesday for the next six months, both groups participated in an intergenerational dance program. The goal of the project was to investigate the impact of meaningful activities on the cognitive and physiological health of the residents. It ended up as much more than that.